

Daily Reflection

April 13, 2020

A canticle toward the beginning of Morning Prayer sets the tone. The Pascha Nostrum (Christ our Passover), which celebrates Easter, is generally used now. Despite having said and sung it for years, I never focused upon the second half of the opening stanza until now:

"Christ our Passover has been sacrificed for us;
therefore let us keep the feast,
Not with the old leaven, the leaven of malice and evil,
but with the unleavened bread of sincerity and truth. Alleluia." See [Mission St. Clare Morning Prayer Service](#)

Leaven is generally referred to as good. It lightens and infuses with air. Why is it associated with malice and evil here? Why are sincerity and truth ascribed to unleavened bread? Proverbs 10:19 comes to mind, rendered this way in the Good News Translation: "The more you talk, the more likely you are to sin. If you are wise, you will keep quiet." Maybe the leaven referred to in this ancient chant is the "hot air" of human speech.

This time of forced quiet might be just what the world needs to regain sanity.

Did you receive your Easter letter with the pictures Ginny Husen took of a hummingbird nest? She has been monitoring the nest, watching the chicks grow. On Easter, they left the nest! How did these small creatures know that Easter is the perfect day to begin their new lives?

Perhaps they receive divine cues our cluttered brains miss. May we all partake of nature's quiet beauty and wisdom this day.

Pastor Kathleen Kelly,

Interim Rector



The nest is empty!